

Caring for Carers

The Avenue Surgery celebrated the unpaid carers in the community in a Care for Carers event at Warminster Civic Centre as part of National Carers Week.

Hayley Jarvis, care coordinator at the Avenue Surgery, explained that there are so many carers that are frequently unrecognised for the vital role that they play in supporting the frail and vulnerable in the community. This event was all about thanking them and showing our appreciation for all they do each and every day, writes Ellie Simmonds of the Avenue Surgery.

We have also been very fortunate in organising the event and we had amazing help from the Warminster community. Hardworking local volunteers have helped us on the day and local businesses have helped us with fantastic raffle prizes.

Hayley went on to say how essential, and enjoyable it was for many of the carers to have the opportunity to get together, particularly after the long periods of isolation dur-

ing the covid pandemic. It was also the perfect time for members of the surgery's Living Well team to meet them too.

A furry friend called Hero from Dogs for Health was one of the most popular visitors of the day.

Whilst tea, cake and conversation were an important part of the day, other aims of the day were also invaluable.

If carers needed practical advice or support, in attendance were representatives from many organisations offering their expertise and assistance.

Also there were Avenue clinicians Phoebe and Eva offering cheerful conversation and health checks to those who wished to participate.

The day was a tremendous success, feedback was so positive that the Avenue Surgery are already planning the next event.



Hero from Dogs for Health was a popular visitor



The WAG House



Hero and Reg

Karen, a living well nurse.



Care co-ordinator, Hayley with Reg Cole